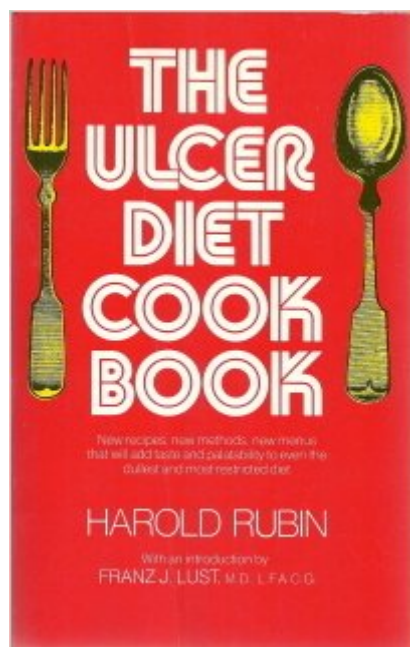


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# The Ulcer Diet Cook Book



## Synopsis

Book by Harold Rubin

## Book Information

Hardcover: 223 pages

Publisher: M Evans & Co (June 1963)

ISBN-10: 0871312484

ISBN-13: 978-0871312488

Product Dimensions: 8.1 x 5.1 x 0.9 inches

Shipping Weight: 7.2 ounces

Average Customer Review: 1.0 out of 5 stars [See all reviews](#) (1 customer review)

Best Sellers Rank: #3,698,133 in Books (See Top 100 in Books) #91 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Ulcers & Gastritis](#)

## Customer Reviews

This book was of no help for my need for ulcer diet. This book was published in 1963 and there has been all kinds of changes in medicine and findings since 1963. This books diets was still talking about using a blender for your foods and that is not needed in this day and time.

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